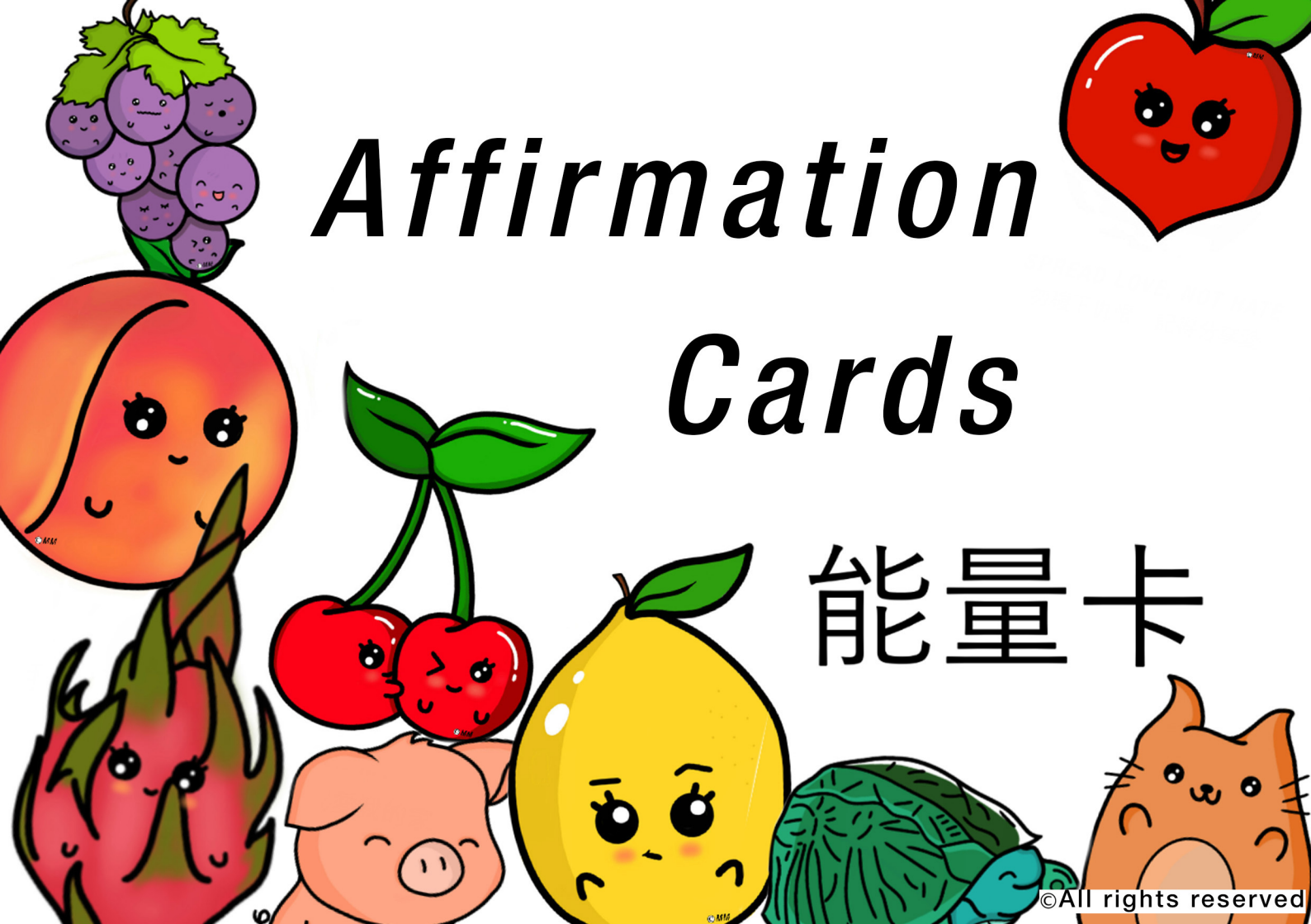


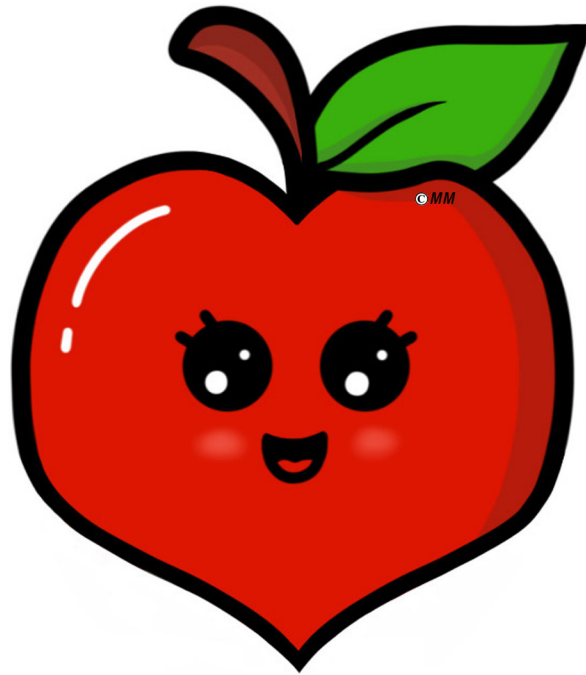
Affirmation



Cards

能量卡





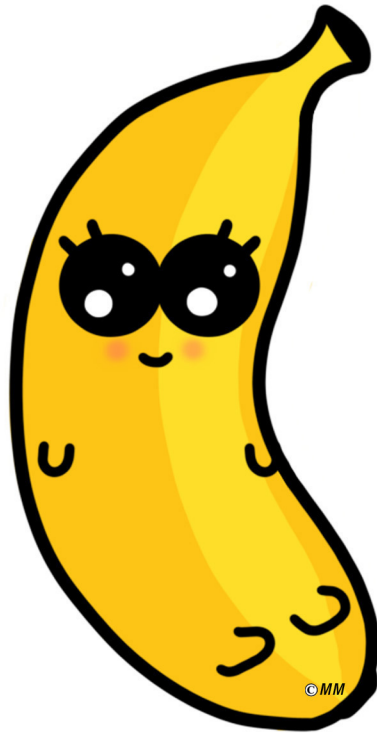
SPREAD LOVE, NOT HATE

勿種下仇恨，記得分享愛



I CHOSE TO BE HAPPY

開心生活，這是我的選擇



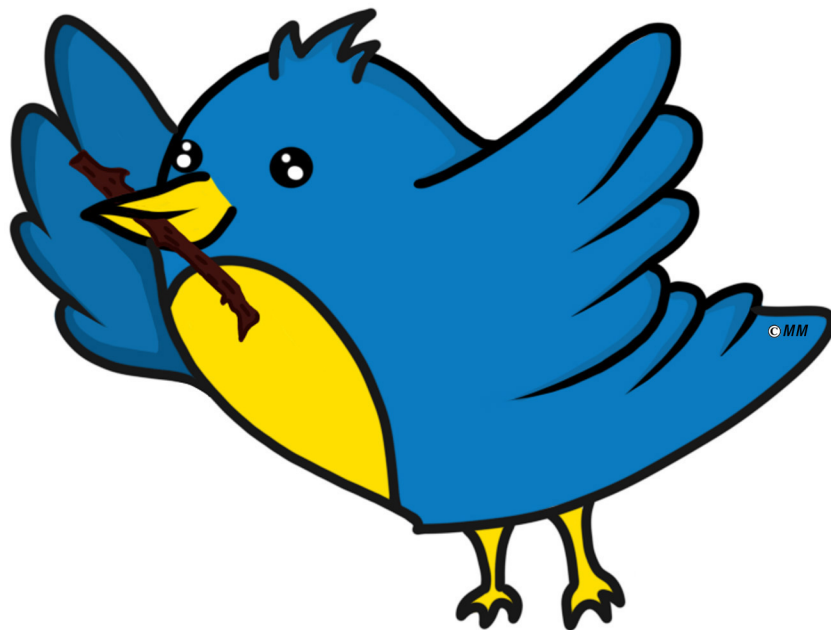
TOMORROW IS ANOTHER DAY

明天又是新的開始



I DO MY BEST FOR MY STUDIES

我為學習盡最大的努力



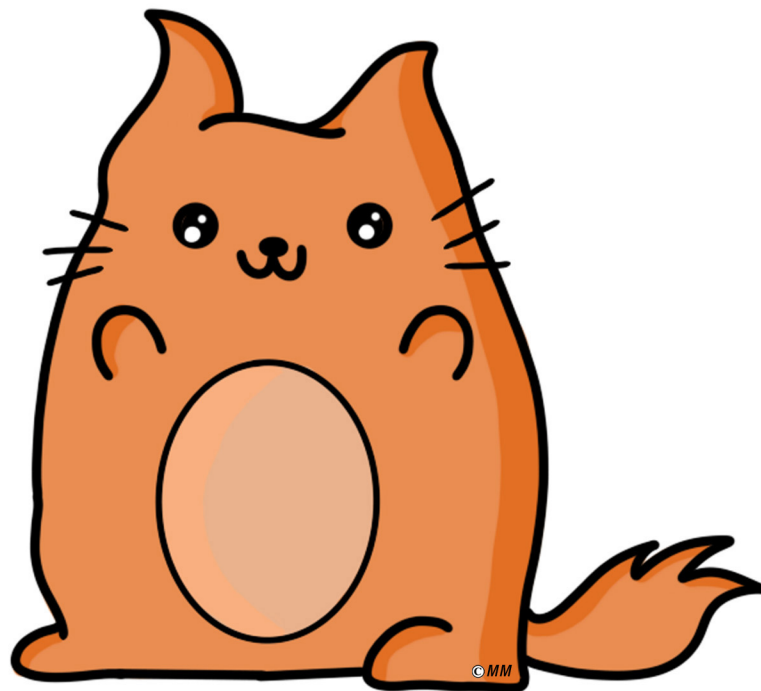
I LIKE HELPING OUT

我喜歡施予援手



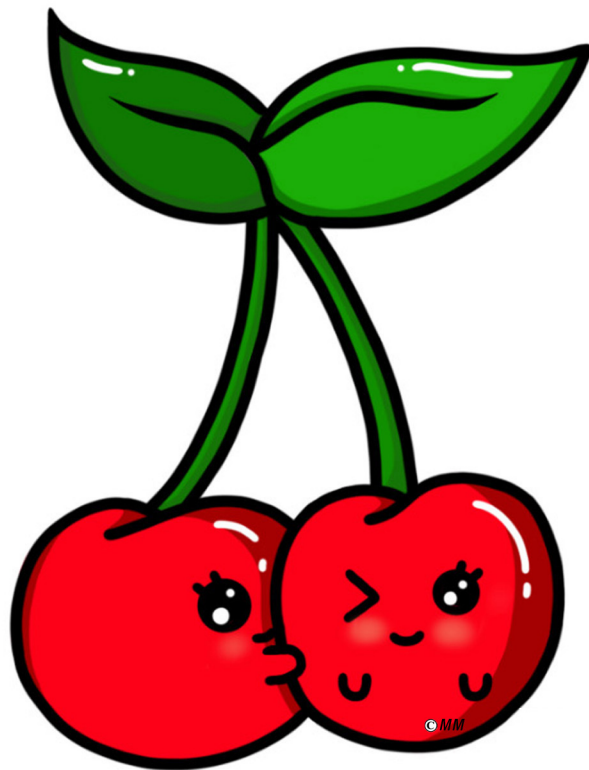
I ENJOY EATING HEALTHY SNACKS

我享受健康的零食



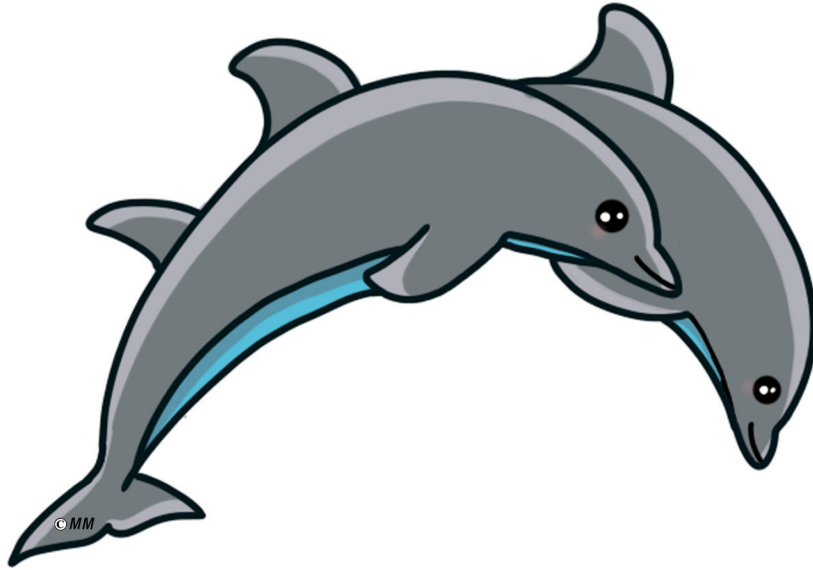
I ENJOY TRYING NEW IDEAS

我享受新嘗試



I LOVE MY FAMILY

我愛我的家



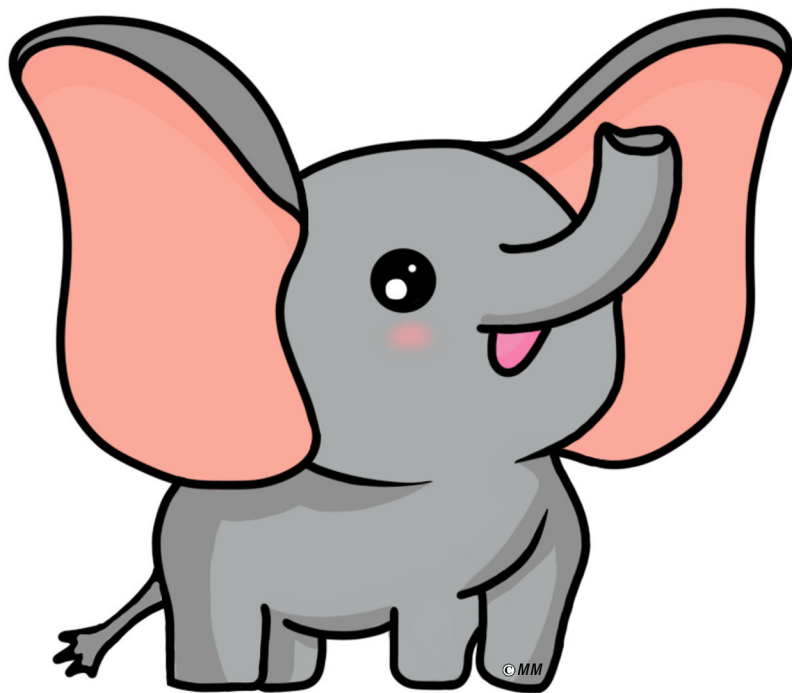
FRIENDS ARE IMPORTANT TO ME

朋友對我很重要



BAD TIMES WON'T LAST FOREVER

難關總會過去



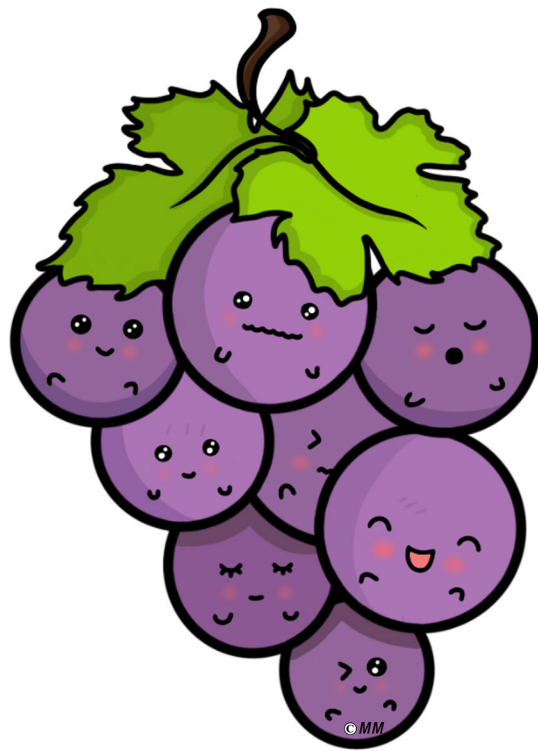
I FEEL GOOD ABOUT MYSELF

我對自己感覺良好



IT IS OKAY TO CHANGE

我可以改變



WE ARE ALL IN THIS TOGETHER

我不孤單，因為大家在一起

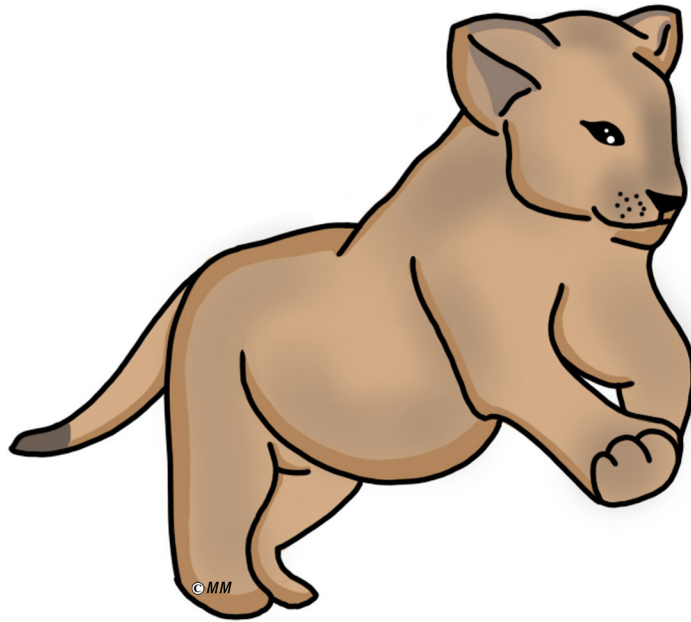


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ALL OF THE PROBLEMS HAVE SOLUTIONS

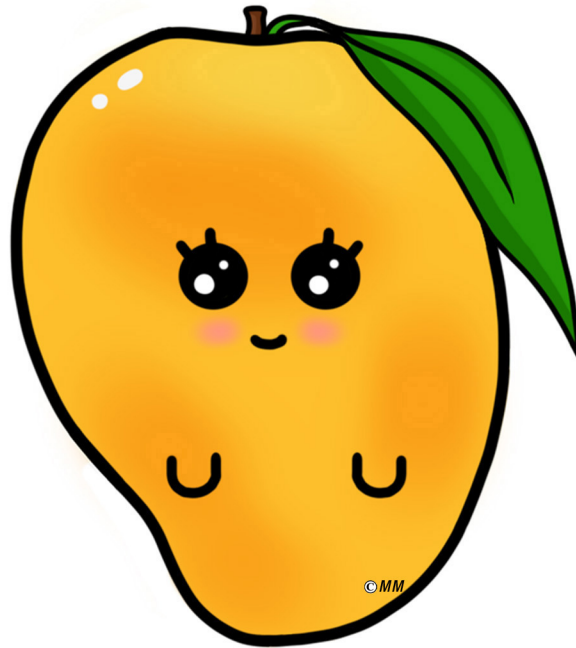
一切問題都有解決方法

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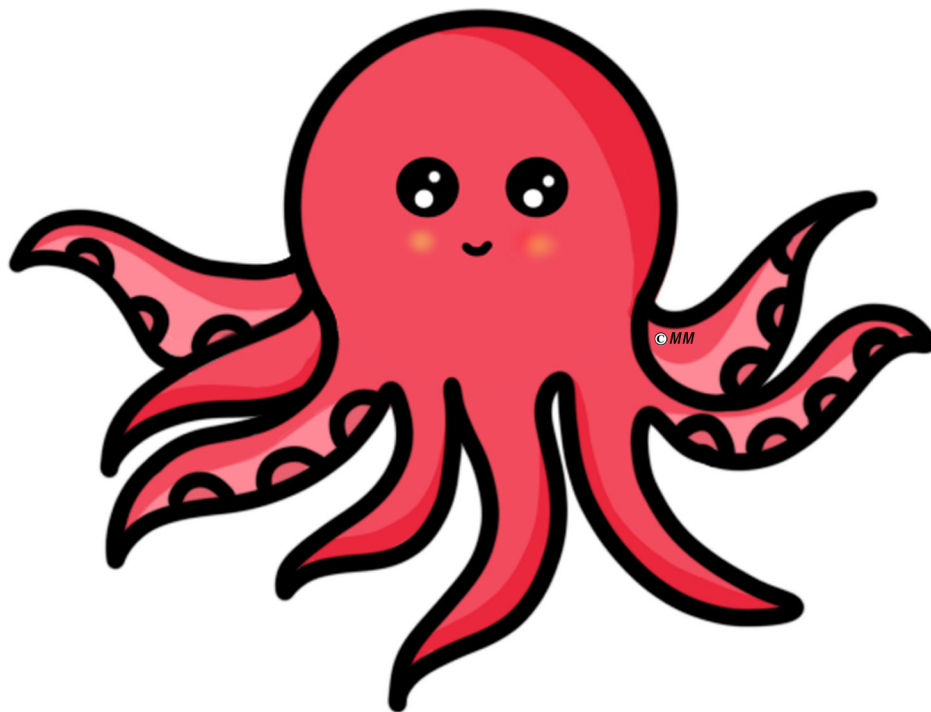
***I TURN FAILURE INTO
OPPORTUNITIES FOR SUCCESS***

我將失敗轉化為成功的機會



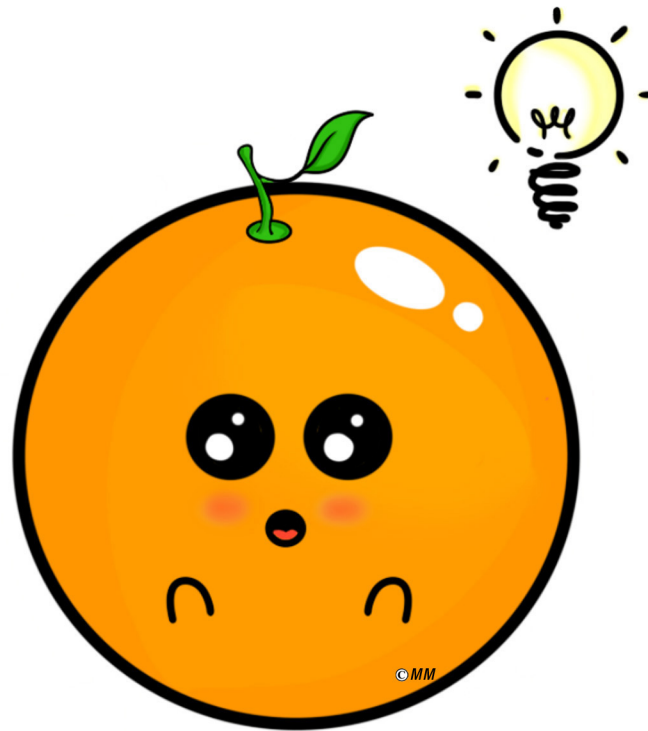
***THE TREES, FLOWERS AND BIRDS
ARE MY BEST FRIENDS***

花草樹木和鳥兒是我最佳好友



I HAVE MANY GIFTS AND TALENTS

我有不同天賦和才能



***I ENJOY CHALLENGING MYSELF IN NEW
IDEAS, POSSIBILITIES AND DIRECTIONS***

我喜歡挑戰自己，擁抱新想法、不同可能性和方向



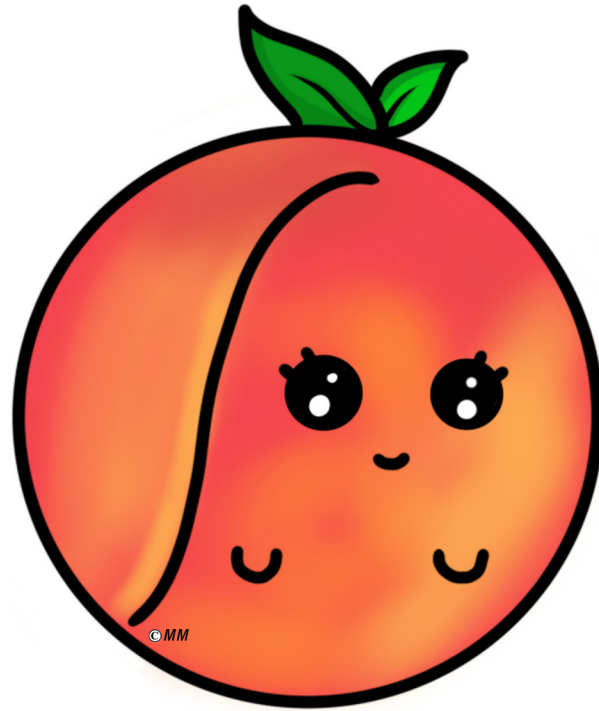
I MANAGE MY TIME WELL

我可以好好運用時間



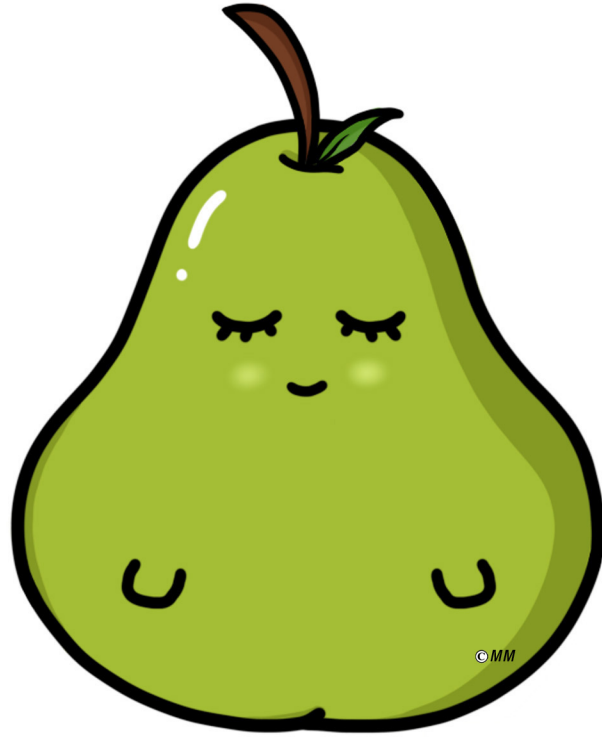
***GOOD TIMES, BAD TIMES, I KNOW MY
FAMILY WILL BE THERE FOR ME***

高山低谷，我知道我的家人必與我同在



I DO MY BEST IN MY WORK

我盡力做好



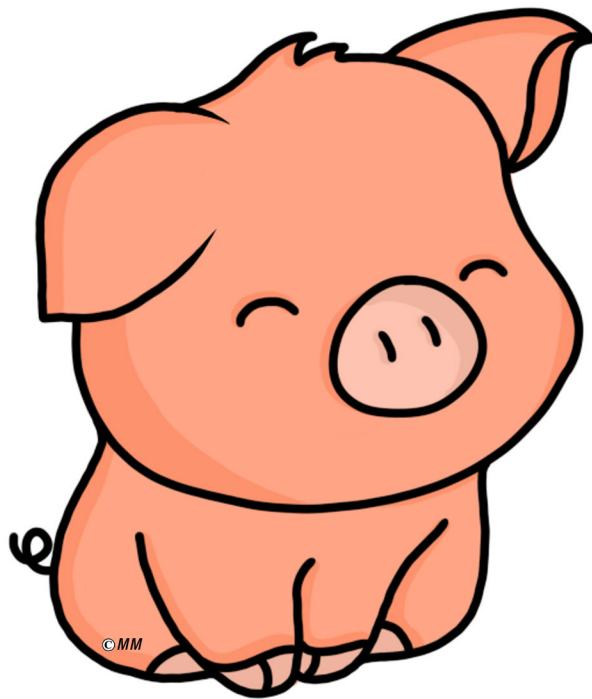
I BELIEVE IN MY DREAMS

我相信我的夢想



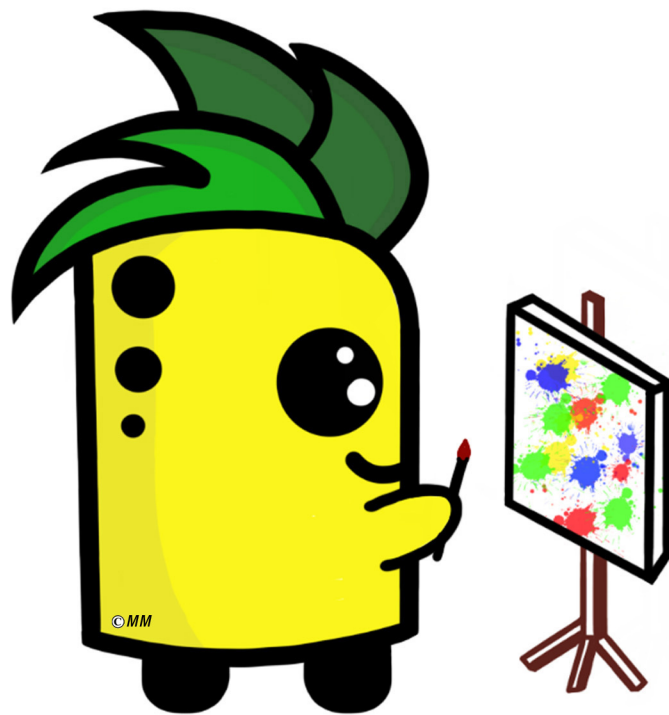
IT IS OKAY TO FAIL

失敗了又如何



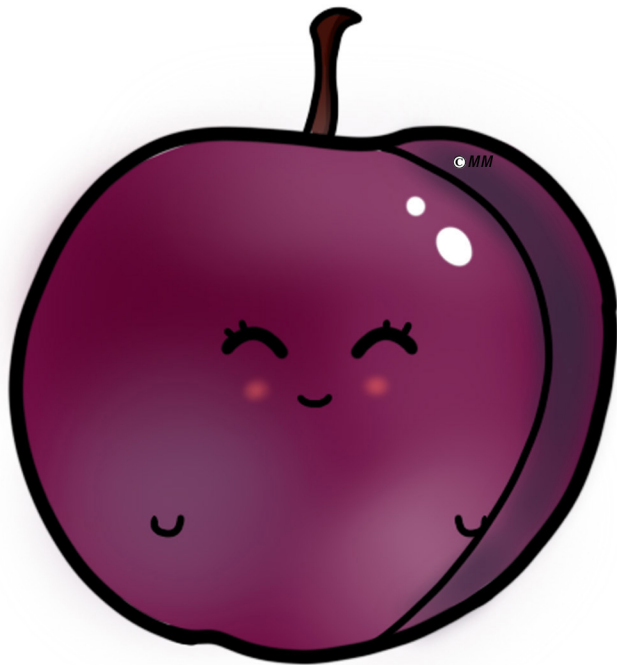
***PROBLEMS CHALLENGE ME TO
BETTER MYSELF***

遇見難題，挑戰自我，做更好的自己



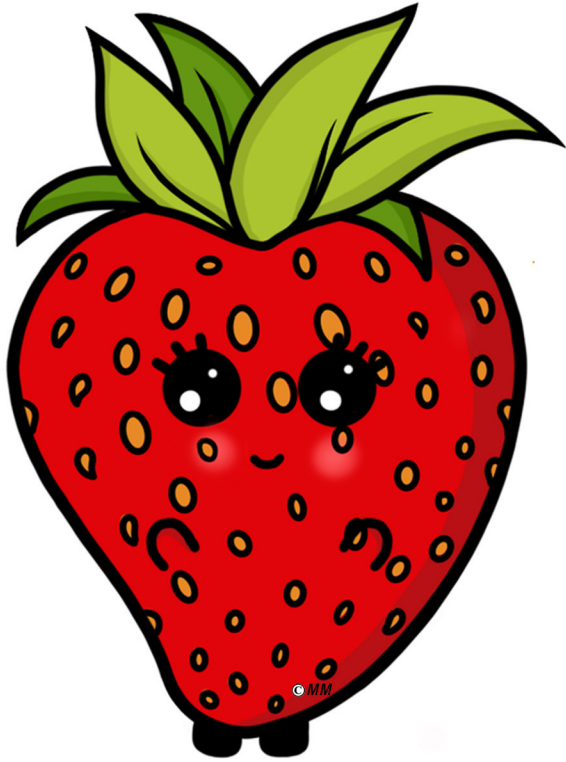
I AM CREATIVE

我富有創意



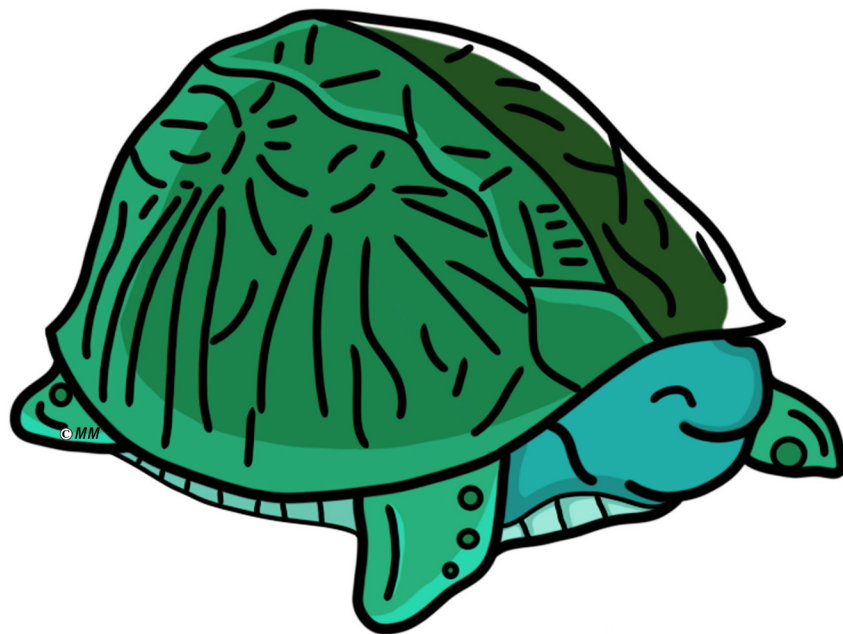
I LOVE BEING HEALTHY

我愛健康



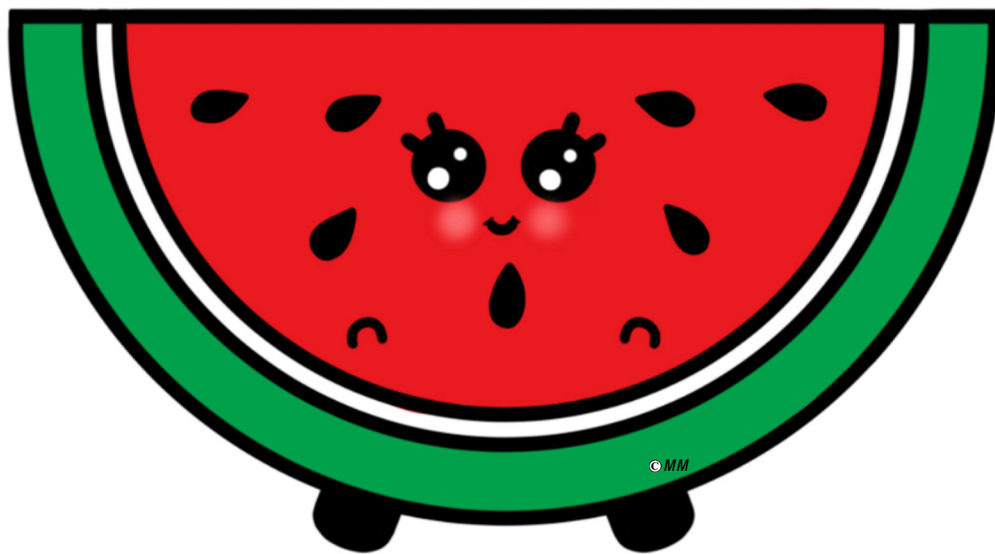
I AM BEAUTIFUL INSIDE OUT

我内外兼美



I ENJOY LIFE

我享受生命



I AM KIND TO OTHERS

我與人為善



I LISTEN TO OTHERS

我會聆聽別人的意見

Marina Watt

Marina has more than a decade of experience in corporate and non-profit public relations. She is a parenting and education columnist, currently studying for a doctorate in education. Recently, she published a book called 'A picture book about coronavirus prevention'.

This creation would not have been possible without the support of Brianstorm and illustration by Manshi Mehta.

Manshi Mehta

London based Graphic Design Student studying at University of Greenwich, Manshi Mehta, having more than 5 years learning experience in design and Art. Currently pursuing as a freelance graphic designer and illustrator.

Instagram :manshi_art

屈家妍

從事企業及教育慈善公關十多年，現正修讀教育博士課程，望與女兒一起學習，共同成長。今年年初，曾創作中、英文版的電子防疫繪本《給孩子的防疫繪本》，供學校和家長免費下載。

感謝公關公司 **Brianstorm** 的支持，更感激插畫師**Manshi Mehta** 的不辭勞苦，精心製作。

Manshi Mehta

Manshi Mehta 是平面設計系學生，就讀於英國倫敦格林威治大學 (**Greenwich University**)，擁有超過5年的設計和藝術學習經驗。目前是自由圖形設計師和插畫家。

Instagram的：manshi_art

